Answer key & teaching notes

Accept equivalent answers in the learner's own words.

01 Match

Cleanser = 2. Moisturizer = 1. Sunscreen = 3.

02 Order

Cleanse, moisturize, protect. Sunscreen is the last skincare step before makeup. Apply it before going outdoors, following its directions.

03 Label check

Label A shows all three checks: broad spectrum, SPF 30 or higher, and water resistance. Broad spectrum covers UVA and UVB. Label B shows SPF 15, below the lesson threshold; broad-spectrum protection and water resistance cannot be confirmed from the shown label.

Water resistant does not mean waterproof. The 40-minute claim does not replace reapplication directions.

04 Maya: sample response

Cleanse	Use a gentle cleanser with fingertips and lukewarm water; avoid harsh scrubbing.
Moisturize	Apply moisturizer while skin is damp. An oily-looking forehead is not a reason to omit this step.
Protect	Look for broad spectrum, SPF 30+, and water resistance; read the complete directions.

The story cannot establish her skin type. If irritation persists, seek advice from a qualified healthcare professional, such as a dermatologist.

05 Personal plan: check for these ideas

Gentle cleansing; moisturizer on damp skin; sunscreen last, before makeup. Outdoors, reapply every 2 hours and after swimming or sweating as directed on the label. Include shade or protective clothing.

SOURCES | American Academy of Dermatology public guidance, checked Nov 9, 2026

Skin care on a budget
Face washing 101
Skin care in your 20s
Select a sunscreen
Apply sunscreen
Decode a sunscreen label

General adult education. Sources do not imply AAD review or endorsement of this sample.